



August 2009

## Executive Board

### 71st President

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6614 Cove Creek Drive  
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### Executive VP

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### Administrative Assistant

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### Chaplain

Christy Owens  
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### Parliamentarian

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### COB

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## Words from your President

Hello Jaycees,

We are into August with fairs and summertime events are underway and September will soon be here, you might want to start thinking about holding a position for next year as the convention coming up is Elections. National VP Joanie Cramer will be attending Convention in Sidney to give a training. She would like to come to Montana a few days early to assist any chapter that would like training or help with a extension or sponsorships, she has a lot of experience and we should utilize her anywhere possible. If you have any ideas or suggestions that you think would be beneficial for training or anything else let me know.

We are the Great American Institute (GAI) and the meeting has been set in VEGAS at the Four Queens Hotel during August 21, 22 and 23. Hawaii will be hosting this event and I would love to have a big group go to represent Montana. Currently only 4 intend on going, if you are interested in attending you better act fast because I only have room for a couple more people to carpool with. There are big discounted rates for flying out of Billings, also discounted rates to come early or stay late. YIPPEE.

Laurel is still working hard at get the extension in Billings, they have someone already interested in being President. They're on their way to having it completed and I'm sure they would appreciate help with possible prospective member names or business sponsorships. Keep up the hard work and I hope to extend a big Welcome to our newest chapter soon.

On Saturday, July 11<sup>th</sup> Glendive had an ice social/membership drive at the Jaycee West Park in Glendive. They where able to get a couple of new members.

I had a great time in Dillon for their Derby and can't wait to see what they have in store for Labor Day weekend. I would love to take a group of people with me. Dillon said they would house all those who come to help, if you are interested please call me or President of Dillon Ben Miller. Thanks again guys for your hospitality!

For July membership we are down, remember every event is a possible for recruiting members. Have some applications and brochures available at these events.

For all of the Chapter's that donated to Havre for their Fireworks Display, I want to give you a big thanks. It's hard to image a tragedy like that happening and to get help from our big family like the Jaycees makes me appreciate this organization that we can count on.

A quote from one of our Ten Outstanding Young American Winners!  
"If not us, who? If not now, when?" - John F. Kennedy

Paving the way to the future Jaycees!  
71<sup>st</sup> Montana State President  
Misty Miner (MJ)

Executive  
Board:

ID VP

Chaplain

### Individual Development Vice President

Montana Jaycees,

Competition time is here and I hope you and your chapters are ready for Convention. Be prepared to sign up - Sign Up Sheets will be located at the registration area at convention. I hope to see you all there!

Practice your competitions at meetings and be ready Friday night at convention.

Any questions about the IDVP area, please call me 262-4099. I am here for you and can't help you if you don't ask.

I am in need of help during convention, if you would like to help, please email or call me.

Check out our website [www.mtjaycees.org](http://www.mtjaycees.org)

Enjoy your summer!

In Jaycees,  
Chamene Plum  
IDVP

### Chaplain

Hello Montana Jaycee,

Fall convention is all most here!! Dead line for the paper work in the **Chaplain Area DUE Aug. 21st.** - Spiritual essays, Angel among us, Little Angles, Top Jaycee Kid, Chaplain reports and Pray submission. Chapter presidents do not forget to nominate your chaplain for an award too.

If you need forms you can find them on the Mt Jaycee website. If you have questions about any of the submission please give a call 265-0059 or e-mail [cab@havre.mt.us](mailto:cab@havre.mt.us)

I hope you are all having a great summer so far and have had lots of family projects on the calendar as well. This is a busy time for many of us Jaycees, sometimes we get overwhelmed with our projects. Slow down and have a family BBQ or kids project it can give you a recharge. Now I leave you with a quote.

It is a great gift to learn to enjoy the present—to get all there is out of it, and to think of today as a piece of eternity. —Ella Wheeler Wilcox, *The Heart of the New Thought*

Have a great day!  
Christy Owens  
Chaplain 2009

Here are the Spiritual essay topics.

1. Adults: Describe a turning point in your life and how it changed you.
2. Children: Tell a story about something YOU can do TOMORROW to brighten someone's day

Executive  
Board:

Management  
VP

Community VP

Programs:

Speak-up

**Management Vice President**

Hello Montana Jaycees,

I hope everyone is having a wonderful summer. We are gearing up for convention. I have missed seeing everyone and am looking forward to networking with you all. We will present our OYM candidates at convention. If you have a nomination please get it to me ASAP!! Also, start thinking ahead to OYF in February. This state is rich with hard working farmers and so deserving of recognition for what they do. If anyone has Blue Chip they can submit it to me electronically and I will make sure it gets to Nationals. I look forward to seeing everyone next month.

Lynnette Radonich  
Management VP

**Community VP**

Montana Jaycee,

Don't forget to send in a nomination for your community VP. Also many of you have PPK coming up soon too. Let us know when you are planning your event.

Thanks  
Andy Owens  
CDVP 2009

**SPEAK UP COMPETITION**

Speak-Up Topic:

The first time I knew I touched a life being a Jaycee.

Master Speak-Up Topic:

Being a State Officer means to me?

Want help speaking in front of people? Then the Speak Up Competition is for you. This competition requires you to prepare a five to seven minute speech on a topic given to you in advance, then present it to three judges Friday night at convention. Yes, you only have to present your speech in front of the judges on Friday night. If you are the #1 winner of Speak Up, you will present your same speech in front of all delegates during the convention banquet.

Master Speak-Up has the same requirements, giving state officers and chapter presidents an opportunity to participate.

The Montana Jaycees use the judging form provided by nationals, using a point system, the highest total points wins the competition. The top three competitors are presented a certificate and the #1 winner is presented a plaque.

Any questions about Speak Up can be sent to IDPV Chamene Plum (griggs@havremt.net) or call 262-4099. Chamene is looking for a program manager to run the Speak Up competition room at convention in September and in February. If you are interested, please call Chamene 262-4099.

Programs:

Write-Up &  
Speak-up

**Competitions: Write Up & Jeopardy**

Grab a pencil and sit down. Yup, it's that easy. Okay maybe a little practice and studying would help you out. Each of these competitions allows you 30 minutes to complete in a quiet room at a time set on the convention agenda. Be early and in your seat before the competition starts. Paper and pens are provided.

Write Up is writing an essay with the provided impromptu topic. Everyone gets the same topic, and you write an essay on it. Each essay is then judged by 2-3 judges on a point system - highest points wins.

Jaycees Jeopardy is a 25 question quiz on Jaycees History and Facts on current Jaycees. Questions can be based on the state or national Jaycees. The US Jaycees website is a great tool to study up on history, read your newsletters and know your Montana Jaycees Programs.

The best place to practice competitions is in your chapter. Provide competitions training during your meetings and be prepared for convention.

Contact Chamene Plum for help with competition training.  
262-4099, [griggs@havremt.net](mailto:griggs@havremt.net)

CPGs

**CPG's**

Don't forget we are now turning in CPG's electronically. Please submit CPG's to Lynnette ASAP!! We need time for judges to review them and to submit awards. If you are interested in being a judge or need a CPG form please contact Lynnette.

Miles

**Miles**

Happy summer to all you travelers,

I would like to remind everyone that Miles forms need to be turned in. Award nominations need to be submitted several weeks before convention. That means Miles need to be **turned in by August 15<sup>th</sup>**. Miles are accrued for the 1<sup>st</sup> semester of January 1<sup>st</sup> through June 30<sup>th</sup>. Mail forms to:

Rachael Allen  
Miles PM  
1925 9<sup>th</sup> Ave  
Helena, MT 59601

Announcements:

Dues

**REMINDERS TO PRESIDENTS**

Dues must be paid in full to receive chapter awards at convention. Chapter dues must be paid in full to vote at the Montana Jaycees Business Meeting on September 12, 2009.

You can make sure your chapter dues are paid in full by calling President Misty or Treasurer Kim.

The Book

**THE BOOK**

The Book is online at [www.mtjaycees.org](http://www.mtjaycees.org)  
Click on "The Book", or follow the link:  
<http://www.mtjaycees.org/pages/thebook.html>

Chapter News:

Sidney

Havre

**Sidney**

Hello Montana Jaycees!

We just finished our all night Relay For Life Event here in Sidney at the end of July. We had 2 teams this year with 24 participants (including our kids)!!

Moving on to August. THE SIDNEY JAYCEES ARE VERY BUSY! Any and all help that you could give us would be very much appreciated. We are in charge of the Beer Gardens at the Richland County Fair and Rodeo August 5-8 (Wednesday - Saturday). We need to have at least 14 people at the booth every night except for Wednesday. The Beer Garden is open from 1:00 p.m. to 1:00 a.m. If you like country music, you can work our beer garden and listen to Diamond Rio and Phil Vassar for free! We will find a place for you to stay if you can come and help us for a day!

The day after the fair gets over (Sunday, August 9) we will be having a Family Progressive Supper/M-Night/Training/Region "E" Meeting. This is for our kids and hopefully we can get some new members.

August 15 we have our demolition derby. We start at 1:00 p.m. that day with car check-in. The gate opens at 4:00 and the derby starts at 5:00 p.m. This is usually a pretty fun event to have. We do our own Beer Garden there too. We can always use extra hands at this event.

We are busy right now compiling a list of names of prospective members from our community. We will be inviting them to a catered meal m-night at the end of the month and hopefully grow by a lot.

FINALLY, MARK YOUR CALENDARS FOR SEPTEMBER 11-13 TO BE IN SIDNEY, MONTANA FOR THE FALL CONVENTION/ELECTIONS. We have included a registration form in this newsletter, you can find it on the state website and on the Sidney Jaycees website at [jayceesofsidney.com](http://jayceesofsidney.com). "Oh The Places You Will Go" will be an exciting weekend that EVERYONE should attend.

See you all soon in Sidney!

In Jaycees,  
Jody F. Christensen  
2009 Sidney Jaycees President  
406-488-5910(Home)  
406-489-0110 (Cell)

**Help is Needed for the Havre Jaycees Concert!**

The Havre Jaycees Present in Concert *Rhino Bucket* Opening with *Voodoo Cadillac*

Friday, August 28, 2009 - 8:00 p.m.  
(Doors open at 7:00 p.m.)  
Great Northern Fairgrounds  
Bigger Better Barn - Havre, Montana

\$22.00 in Advance

Chapter News:

Bozeman

Information:

Lightning Safety

Hello Montana Jaycees ~

Just a quick reminder to all of you that Bozeman is putting on two (2) Demolition Derbies in the next couple of months. The first one is on August 9th in Livingston and the second one is September 26th in Bozeman. For more information and rules go to [www.bozemanjaycees.org](http://www.bozemanjaycees.org). Hope all of you are having a fantastic summer.

Mark Figgins, President  
Bozeman Jaycees  
(406) 388-4055



## Weather Safety: Lightning

Safety and Preparedness Factsheet

### Avoid the Lightning Threat

- **Have a lightning safety plan.** Know where you'll go for safety and how much time it will take to get there. Make sure your plan allows enough time to reach safety.
- **Postpone activities.** Before going outdoors, check the forecast for thunderstorms. Consider postponing activities to avoid being caught in a dangerous situation.
- **Monitor the weather.** Look for signs of a developing thunderstorm such as darkening skies, flashes of lightning or increasing wind.
- **Get to a safe place.** If you hear thunder, even a distant rumble, immediately move to a safe place. Fully enclosed buildings with wiring and plumbing provide the best protection. Sheds, picnic shelters, tents or covered porches do NOT protect you from lightning. If a sturdy building is not nearby, get into a hard-topped metal vehicle and close all the windows. Stay inside until 30 minutes after the last rumble of thunder.
- **If you hear thunder, don't use a corded phone except in an emergency.** Cordless phones and cell phones are safe to use.
- **Keep away from electrical equipment and wiring.**
- **Water pipes conduct electricity.** Don't take a bath or shower or use other plumbing during a storm.

### What You Should Know About Being Caught Outside Near a Thunderstorm

There is no safe place outside in a thunderstorm. Plan ahead to avoid this dangerous situation! If you're outside and hear thunder, the only way to significantly reduce your risk of becoming a lightning casualty is to get inside a substantial building or hard-topped metal vehicle as fast as you can. In addition, you should avoid the following situations which could increase your risk of becoming a lightning casualty. Remember – there is no substitute for getting to a safe place.

- **Avoid open areas.** Don't be the tallest object in the area.
- **Stay away from isolated tall trees, towers or utility poles.** Lightning tends to strike the taller objects in an area.

### Act Fast If Someone Is Struck by Lightning!

**Lightning victims do not carry an electrical charge, are safe to touch, and need urgent medical attention.**

Cardiac arrest is the immediate cause of death for those who die. Some deaths can be prevented if the victim receives the proper first aid immediately.

- **Call for help.** Call 9-1-1 or your local ambulance service.
- **Give first aid.** Do not delay CPR if the person is unresponsive or not breathing. Use an Automatic External Defibrillator if one is available.
- **If possible, move the victim to a safer place.** Lightning can strike twice. Don't become a victim.
- **Stay away from metal conductors such as wires or fences.** Metal does not attract lightning, but lightning can travel long distances through it.

Information courtesy of Tana Craigle, Helena

# Summer Recipes

Allrecipes.com

## Old Fashioned Potato Salad

### INGREDIENTS

- 5 potatoes
- 3 eggs
- 1 cup chopped celery
- 1/2 cup chopped onion
- 1/2 cup sweet pickle relish
- 1/4 teaspoon garlic salt
- 1/4 teaspoon celery salt
- 1 tablespoon prepared mustard
- ground black pepper to taste
- 1/4 cup mayonnaise

### DIRECTIONS

1. Bring a large pot of salted water to a boil. Add potatoes and cook until tender but still firm, about 15 minutes. Drain, cool, peel and chop.
2. Place eggs in a saucepan and cover with cold water. Bring water to a boil; cover, remove from heat, and let eggs stand in hot water for 10 to 12 minutes. Remove from hot water, cool, peel and chop.
3. In a large bowl, combine the potatoes, eggs, celery, onion, relish, garlic salt, celery salt, mustard, pepper and mayonnaise. Mix together well and refrigerate until chilled.

## Apple Ladybug Treats

### INGREDIENTS

- 2 red apples
- 1/4 cup raisins
- 1 tablespoon peanut butter
- 8 thin pretzel sticks



### DIRECTIONS

1. Slice apples in half from top to bottom and scoop out the cores using a knife or melon baller. If you have an apple corer, core them first, then slice. Place each apple half flat side down on a small plate.
2. Dab peanut butter on to the back of the 'lady bug', then stick raisins onto the dabs for spots. Use this method to make eyes too. Stick one end of each pretzel stick into a raisin, then press the other end into the apples to make antennae

## Sweet, Tangy, and Spicy Kabobs

### INGREDIENTS

- 2 tablespoons brown sugar
- 2 tablespoons honey
- 1 tablespoon lime juice (optional)
- 1 tablespoon lemon juice
- 3 tablespoons maraschino cherry juice
- 1 teaspoon garlic powder
- 1/2 teaspoon ground ginger
- 1/2 teaspoon ground black pepper
- 1/2 teaspoon cayenne pepper (optional)
- 1/4 cup pineapple juice
- 1/4 cup dry white wine
- 1/4 cup hot pepper sauce (such as Crystal®) (optional)
- 3/4 cup reduced-sodium soy sauce
- 1 (8 ounce) package fresh mushrooms, stems removed
- 1 small red onion, cut into chunks
- 1 red bell pepper, cut into 1 inch pieces
- 1/2 pint cherry tomatoes
- 4 skinless, boneless chicken breast halves - cut into 1 inch pieces
- 16 wooden skewers, soaked in water
- 16 fresh pineapple chunks
- 16 maraschino cherries, stemmed

### DIRECTIONS

1. Make the marinade by whisking the brown sugar, honey, lime juice, lemon juice, maraschino cherry juice, garlic powder, ginger, black pepper, cayenne pepper, pineapple juice, wine, hot pepper sauce, and soy sauce together in a large, non-metallic bowl. Toss the mushrooms, onion, bell pepper, tomatoes, and chicken in the marinade; cover and refrigerate at least 1 hour.
2. Preheat an outdoor grill for medium heat and lightly oil the grate.
3. On each skewer, thread a piece of chicken, then three of the veggies followed by another piece of chicken then a pineapple slice and one maraschino cherry at the end. Mix and match the vegetables as you assemble the skewers. Cook on the preheated grill until the chicken is no longer pink in the center and the vegetables are tender, about 10 minutes.



## Bubble Recipes

All of these bubble recipes make great bubbles for children. The Magic Bubble recipe is the favorite with my kids. That recipe makes bigger bubbles that last a bit longer

Basic Bubbles	Sweet Bubbles	Magic Bubbles	Color Bubbles
2 tblsp dish soap 1 cup water	1 tblsp corn syrup 2 tblsp dish soap 1 cup water	1 tblsp glycerin 2 tblsp dish soap 9 oz water	1 cup liquid tempera paints 2 tblsp dish detergent 1 tblsp liquid starch

### [Hints for making bubble solutions](#)



- Mix up the recipes the day before for best results.
- Glycerin is inexpensive and can be found in most drug stores. The children think that the bubbles are so much better that it is worth keeping a small bottle on hand.
- Do NOT use the Sweet Bubbles recipe if you have bees or wasps in your yard.
- Try using sugar or honey if you don't have corn syrup in the house.
- Color Bubbles can be a bit messy. Be sure to use paint that can wash out. You can add a little water if the mix is too thick.
- Karo syrup does just as well as glycerin in the bubble mixture. But watch out for wasps if you are using it outdoors

### [Giant Bubbles](#)

Make giant bubbles by using cotton string and straws to make wands. Cut two sections of straws, about 6 inches long. Cut a string about 24 inches long. Pull the string through the straws, tie the string in a knot, and hide the knot inside a straw. By putting your hands on the straws and pulling, you create a square or rectangle. Dip this form into the pan of bubble solution, and gently draw it through the air. Voila, a giant bubble."



**"OH THE PLACES YOU'LL GO!"  
 FALL 2009 CONVENTION REGISTRATION  
 SEPTEMBER 11-13, 2009  
 MOOSE LODGE, SIDNEY, MONTANA**

**FRIDAY, SEPTEMBER 11, 2009**

Competitions/Caucusing/Chapter Hospitality tables  
 DJ Music with Chapter hosted Beverages/Snacks

**SATURDAY, SEPTEMBER 12, 2009**

Business Meeting/Lunch Awards Banquet/Training from National VP  
 Formal/Semi-Formal Banquet Awards/Dance

**SUNDAY, SEPTEMBER 13, 2009**

Prayer Breakfast

**ROOM RATES: \$84.74 (including tax)**

Lone Tree Inn  
 900 South Central Ave  
 Sidney, Montana  
 (406) 433-4520 (Block ends 08/28)

<u>REGISTRATION</u>	<u>EARLY (POSTMARKED BY AUG. 28)</u>	<u>LATE</u>
Jaycees	\$65.00	\$75.00
State Exec./Senators (Aged Out)	\$35.00	\$45.00
Child	\$50.00	Early Only

<u>NAME:</u>	<u>CHAPTER:</u>	<u>OFFICE</u>
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
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9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____

Friday Night - Chapter Hosted Beverages/Snacks  
 In Banquet Hall for Dance/Social  
 Luncheon Only . . . . . \$16.00  
 Banquet Only . . . . . \$25.00  
 Breakfast Only . . . . . \$16.00

Questions?? Call Convention Chair  
 Arlys Daleske (406) 488-6052 - Home  
 (406) 489-0989 - Cell

**EARLY REGISTRATION DEADLINE IS POSTMARK: AUGUST 28, 2009  
 MAIL TO: SIDNEY JAYCEES, PO BOX 455, SIDNEY, MT 59270**